

My Jamaica

Christopher Livingston Eubank Former World Super Middleweight Boxing Champion

What were your first impressions of Jamaica?

I can only feel it in my guts as I lived here from a few months old to around nine years of age before returning to the UK. I remember the smell of the firewood and coal that were used to cook in the hills of Clarendon. There's nothing more comforting as that nostalgia.

What would you do if you were mayor for a day?

I would have the prime minister allocate funds to build youth centres where the grass roots could go to learn and play sports and where they could be scouted by my team, to allow them to make their dreams a reality. If this were granted I'd have a party in the town, outdoors - the biggest party one could imagine.

Share with us the title of the last book you read.

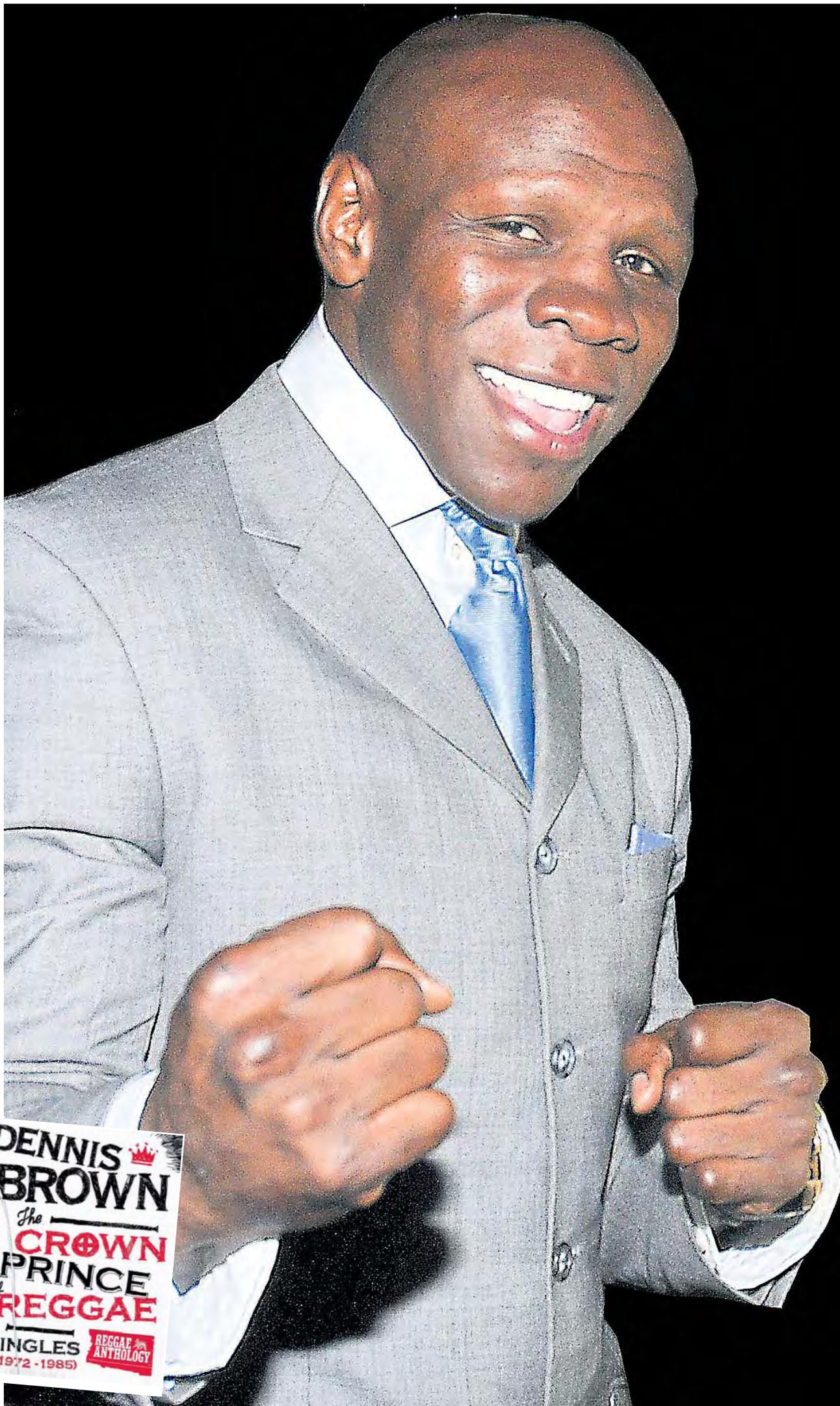
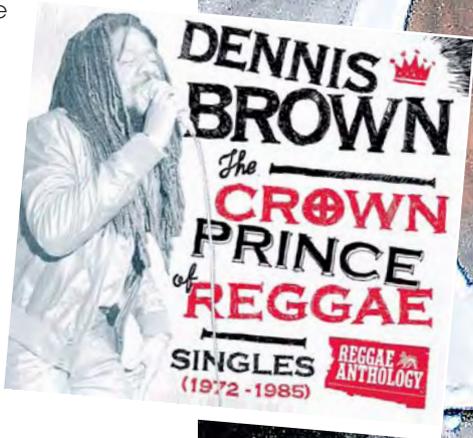
It was in fact the last book I wrote. It reads: The warrior is aware, so he sleeps light. His wisdom, an amalgamation of precedent, yet his decisions cannot be influenced on the accepted norm. He is, however, charged with a unique enlightenment. He does not know anger but instead chooses to be objective. The warrior is only ever concerned with the unknown. The warrior is a victim of underestimation because his ethic is to protect the weak.

The true warrior knows, accepts and holds dear to his soul, integrity - the application of reason and forgiveness, the universal law of letting go. And only when one can fully absorb these most essential virtues can one finally realise the folly of confrontation.

Don't be fooled by how short my book is — it takes most people a lifetime to learn.

And the last piece of music that stirred your soul?

The last piece of music that stirred me almost to tears is a song I had not heard for some 28 years. Part of the lyrics goes: Living in the house of the father, living in the house of the Almighty... RIP, Dennis Brown.



DISCOVER THE BEST OF LIFE



"DRINK RESPONSIBLY"

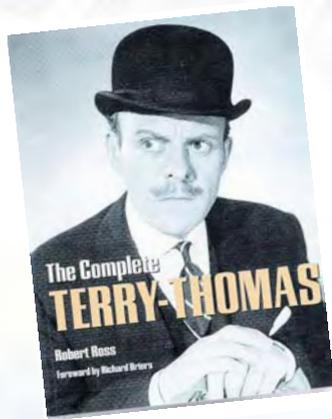


Which cologne are you currently splashing?

It's actually a ladies' perfume called Light Blue. It's rather clever because if one philosophises about it long enough, one could come to the notion that if light blue had a scent that would be it.

Share with us your last bit of retail therapy.

It was in fact the third pair of shoes, which are identical in every way and designed by Jeffery West.



Tell us about your clothing 'inspirational' line.

My new line of suits is called, inspired by CLE (Christopher Livingston Eubank). I was inspired by the fashion of my screen idol, Terry Thomas. The line is available at Cad and The Dandy, Savile Row, Mayfair, London. Cad and The Dandy & I have put together a small, exquisite range of sartorially elegant men's clothes that have a distinguished look to them. It's not the clothes that make the man, but rather the manners and manner of the man.



What is your preferred beverage?

It's probably pineapple punch. If I imbibe, however, I'd probably have what my father used to make every Saturday, which he called Shandy Graff. This was made with egg yolks, nutmeg, condensed milk and Sanatogen tonic wine.

And your most memorable meal?

My most memorable meal has been had here at Hanover Grange, the home of my friends Theresa and Andrew Roberts. It was a chicken dish served with okra... it was so nice and tasty. The pity is I only had one helping as the other guests were obviously enjoying it as much as I was.

What's your current project?

It's in Angola, Africa as we speak, where I am mentoring the youth of that country.



What upsets you?

What really upsets me is that I lost contact with this wonderful country of mine, Jamaica. I do however, want to thank my two friends Theresa Roberts and Caroline St George who are helping me to reconnect — Out of Many We Are One People.

Share with us a few of your chill spots around the world.

I love Paris and the French language, I love London, Mayfair and Brighton. I love Dubai...most of all, I love Jamaica and our language. I can't express how grateful I am that I was born in the United Kingdom to Jamaican parents.

Finally, what's your philosophy?

My philosophy is this: I strive to be calm, gentle and true.